











# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labor Day 	10:00am Check-In 10:30am Mental Wellness 12:00pm Co-dependency 1:00pm Dr. Goodman 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Active Group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Self-Worth 1:00pm Dr. Goodman 2:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: <b>Happy Feet</b> 3:00pm Check Out Group	
8	9	10	11	12	13	14
	10:00am Check-In 10:30am Mindfulness 12:00pm Medication Management 1:00pm Self-Care group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Mental Wellness 12:00pm Co-dependency 1:00pm Dr. Goodman 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Active Group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Self-Worth 1:00pm Dr. Goodman 2:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: <b>Fried Green Tomatoes</b> 3:00pm Check Out Group	
15	16	17	18	19	20	21
	10:00am Check-In 10:30am Mindfulness 12:00pm Medication Management 1:00pm Self-Care group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Open Studio 12:00pm Co-dependency 1:00pm Dr. Goodman 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Active Group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Music Processing Group 12:00pm Self-Worth 1:00pm Dr. Goodman 2:00pm Check Out Group	10:00am Check-In 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: <b>Mrs. Doubtfire</b> 3:00pm Check Out Group	
22	23	24	25	26	27	28
	10:00am Check-In 10:30am Mindfulness 12:00pm Medication Management 1:00pm Self-Care group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Open Studio 12:00pm Co-dependency 1:00pm Dr. Goodman 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Men/Women Group 12:00pm Lunch 12:00pm Schizophrenia Alliance 1:30pm Active Group 2:00pm Games/Check Out Group	10:00am Check-In 10:30am Music Processing Group 11:30am <b>All Peer Place Meeting</b> 12:00pm Self-Worth 1:00pm Dr. Goodman 2:00pm Check Out Group	10:00am Check-In 10:30am Pet Therapy 10:30am Anxiety Group 12:00pm Dual Recovery 1:00pm Movie: <b>The Help</b> 3:00pm Check Out Group	
29	30					
	10:00am Check-In 10:30am Mindfulness 12:00pm Medication Management 1:00pm Self-Care group 2:00pm Games/Check Out Group					

# 2019



*It's Okay to Get Help!*

*Peer Place Community Support Center*  
909 Fern Street  
West Palm Beach, FL 33401  
Phone: (561) 712-0584  
M-F 8:30am-4:00pm  
[www.mentalhealthpbc.org](http://www.mentalhealthpbc.org)

*All Peer Place Meeting*  
↔  
**9/26/2019**

*1on1 WRAP now*  
↔  
*available*

If you are looking for mental health resources, please call (561) 801-HELP(4357)