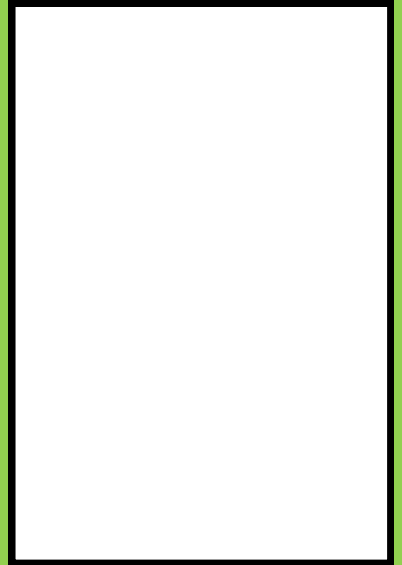


Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
8:30am Café Talk 10:00am Check In 10:30am DIY 12:00pm Medication Management 1:00pm Chronic pain Support 2:00pm Games 3:00pm One-to-One Peer Support 4:00pm Check-Out	8:30am Café Talk 10:00am Check In 10:30am Self-Empowerment 11:30am Mindfulness 1:00pm Dr. Goodman 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	8:30am Café Talk 10:00am Check In 10:30am Men/Women Group 11:30am Whole Health 12:00pm Lunch 1:00pm Stretching 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out		All day Spunky for animal therapy 8:30am Café Talk 10:00am Check In 10:00am
9	10	11	12	13
8:30am Café Talk 10:00am Check In 10:30am DIY 12:00pm Medication Management 1:00pm Chronic pain Support 2:00pm Games 3:00pm One-to-One Peer Support 4:00pm Check-Out	8:30am Café Talk 10:00am Check In 10:30am Self-Empowerment 11:30am Mindfulness 1:00pm Dr. Goodman 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	8:30am Café Talk 10:00am Check In 10:30am Men/Women Group 11:30am Whole Health 12:00pm Lunch 1:00pm Stretching 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	10:00am Check-in 10:30am Music Group 11:30am Socialization hour 1:00pm Dr. Goodman 1:00pm-3:00pm One-to-one Peer Support	10:00am Check-in 10:30am Anxiety Group 12:00pm Schizophrenia Alliance 1:00pm-3:00pm One-to-one Peer Support
16	17	18	19	20
8:30am Café Talk 10:00am Check In 10:30am DIY 12:00pm Medication Management 1:00pm Chronic pain Support 2:00pm Games 3:00pm One-to-One Peer Support 4:00pm Check-Out	8:30am Café Talk 10:00am Check In 10:30am Self-Empowerment 11:30am Mindfulness 1:00pm Dr. Goodman 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	8:30am Café Talk 10:00am Check In 10:30am Men/Women Group 11:30am Whole Health 12:00pm Lunch 1:00pm Stretching 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	10:00am Check-in 10:30am Music Group 11:30am Nutrition Group 1:00pm Dr. Goodman 1:00pm-3:00pm One-to-one Peer Support	10:00am Check-in 1030 am Jeremys annual saxophone show. Valentines Party
22	23	24	25	26
8:30am Café Talk 10:00am Check In 10:30am DIY 12:00pm Medication Management 1:00pm Chronic pain Support 2:00pm Games 3:00pm One-to-One Peer Support 4:00pm Check-Out	8:30am Café Talk 10:00am Check In 10:30am Self-Empowerment 11:30am Mindfulness 1:00pm Dr. Goodman 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	8:30am Café Talk 10:00am Check In 10:30am Men/Women Group 11:30am Whole Health 12:00pm Lunch 1:00pm Stretching 2:00pm Games 3:00pm One-to One Peer Support 4:00pm Check Out	10:00am Check-in 10:30am Music Group 11:30am Nutrition Group 1:00pm Dr. Goodman 1:00pm-3:00pm One-to-one Peer Support	10:00am Check-in 10:30am Anxiety Group 12:00pm Schizophrenia Alliance 1:00pm-3:00pm One-to-one Peer Support
29	30	31		
8:30am Café Talk 10:00am Check In 10:30am DIY 12:00pm Medication Management 1:00pm Chronic pain Support 2:00pm Games 3:00pm One-to-One Peer Support	8:30am Café Talk 10:00am Check In 10:30am Self-Empowerment 11:30am Mindfulness 1:00pm Dr. Goodman 2:00pm Games 3:00pm One-to One Peer Support	8:30am Café Talk 10:00am Check In 10:30am Men/Women Group 11:30am Whole Health 12:00pm Lunch 1:00pm Stretching 2:00pm Games 3:00pm One-to One Peer Support		

# March 2020



*Peer Place Community Support Center*  
 909 Fern Street  
 West Palm Beach, FL 33401  
 Phone: (561) 712-0584  
 M-F 8:30am-4:00pm  
[www.mentalhealthpbc.org](http://www.mentalhealthpbc.org)



**Peer Place Hours**  
 8:30am-4:00pm  
 Monday-Friday